

***Finding the Joy of the Lord
in a World of Sorrow
(part 1)***

1 Thess. 5:23: “Now may the God of peace Himself sanctify you entirely; and may your spirit and soul and body be preserved complete, without blame at the coming of our Lord Jesus Christ.”

Hebrews 4:12, *“For the word of God is living and active and sharper than any two-edged sword, and piercing as far as the division of soul and spirit, of both joints and marrow, and able to judge the thoughts and intentions of the heart.”*

- 1. Mind**
- 2. Emotions**
- 3. Will**
- 4. Spirit**

Fleshed out in a body

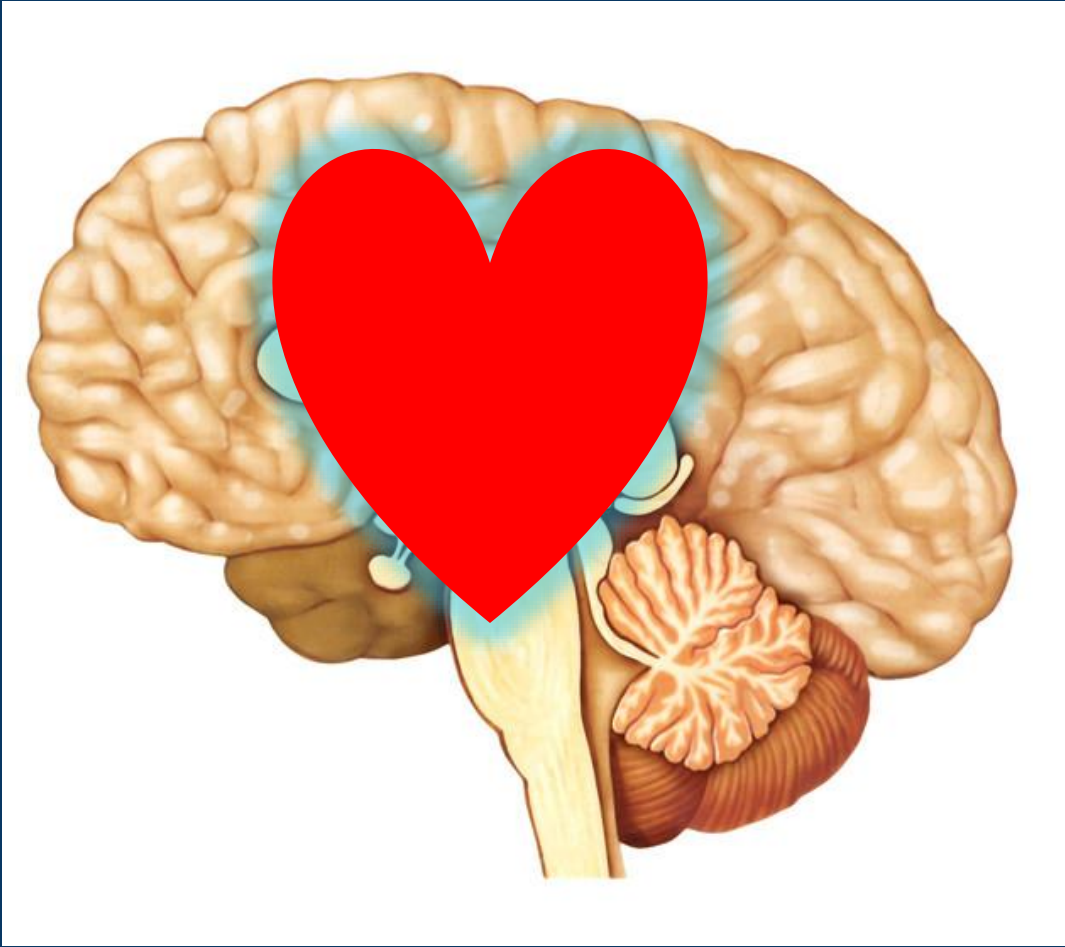
John 3:3–6: Jesus answered and said to him, *“Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God.”* 4Nicodemus said to Him, *“How can a man be born when he is old? He cannot enter a second time into his mother’s womb and be born, can he?”* 5Jesus answered, *“Truly, truly, I say to you, unless one is born of water and the Spirit he cannot enter into the kingdom of God.”* 6*“That which is born of the flesh is flesh, and that which is born of the Spirit is spirit.*

Proverbs 9:10 – “*The fear of the Lord is the beginning of wisdom and knowledge of the Holy One is understanding.*”

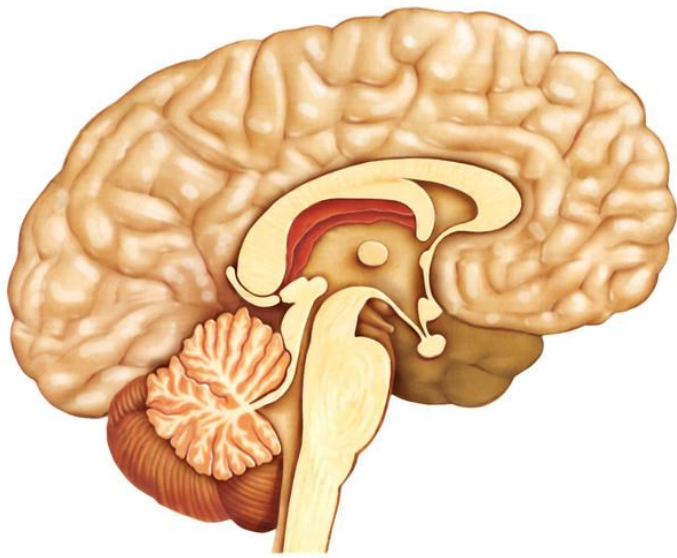
John 15:9-11 - “*Just as the Father has loved Me, I have also loved you; abide in My love. 10“If you keep My commandments, you will abide in My love; just as I have kept My Father’s commandments and abide in His love. 11“These things I have spoken to you so that My joy may be in you, and that your joy may be made full.”*

Galatians 5:23-24 – “But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23gentleness, self-control; against such things there is no law.”

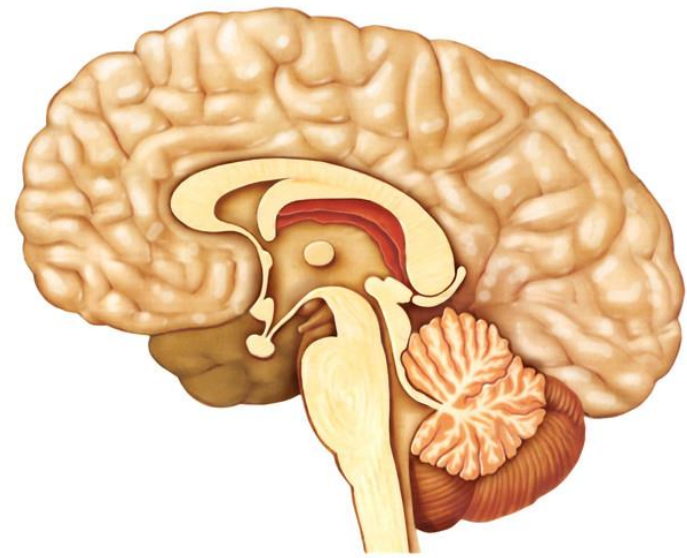
- 1. Spiritual**
- 2. Emotional**
- 3. Psychological**
- 4. Social**
- 5. Intellectual**
- 6. Physical**



Your Brain - Left and Right Hemispheres

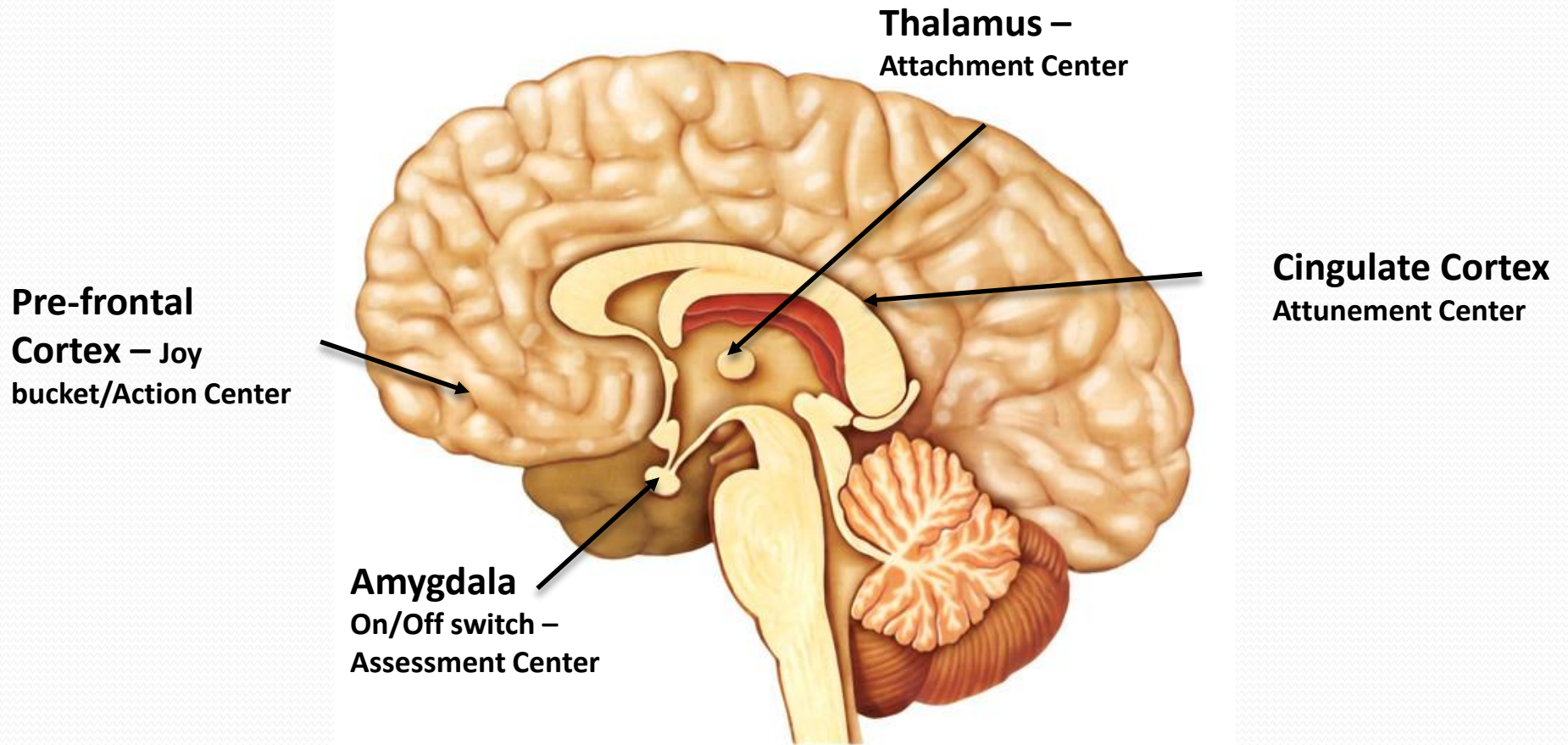


Problem Solving/Verbal
Decisions
Thinking
Naming
Slower processing

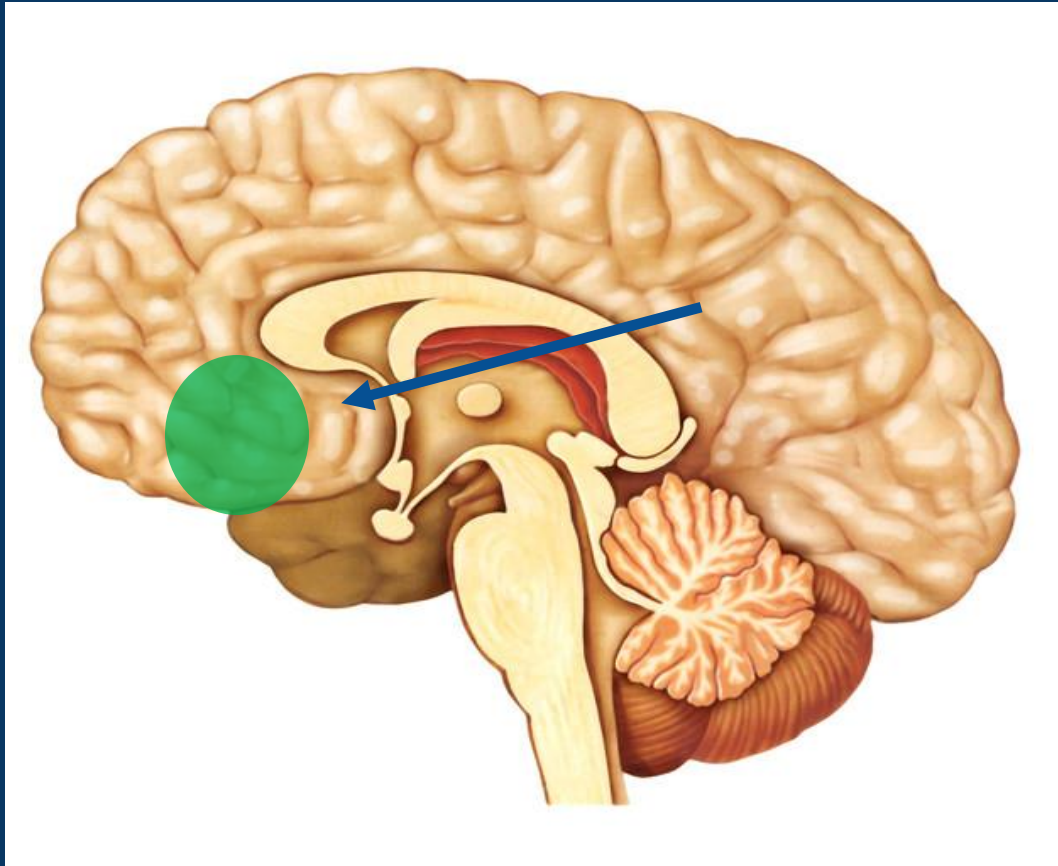


Relational/Non-verbal
Pictures
Decisions
Faster
The Fast Track!

4 Levels of Your Brain's Right side



Made for Joy – Prefrontal Cortex



Joy Center/
Bucket

RARE Maturity

R – Remain relational

A – Act yourself

R – Return to Joy

E – Endure Hardship